

Banbury School Day Nursery Newsletter  
3rd February 2023

**Important dates:**

Thursday 23rd February 2023 - Parents evening.

Thursday 2nd March 2023 - World Book Day - please feel free to dress your child up as a character from a book! We would love it if you had a copy of the book that we could read with the children that day.



When your child has their 2 year check, we would greatly appreciate it if nursery could have a copy that we can put in their developmental files.

Parent evening

The next parents' evening has been scheduled for **Thursday 23rd February 2023 starting at 7:00pm.**

We will now begin to take bookings for this; if you would like to book an appointment with your child's key worker, please email Aaron using this email address: [parentsmeetingnursery@gmail.com](mailto:parentsmeetingnursery@gmail.com). Staff will not be able to arrange bookings when you drop your children off, all bookings will only be made and confirmed through Aaron at this email address.

Your child's developmental file and scrapbook will be available to look through and a pre-booked time available to have a discussion with your child's key worker about their development and progress and opportunity to ask any questions you may have.

**Michelle's appointments for her key children will be on Tuesday 21st February** instead of the Thursday as she cannot make that date. If you are unsure if this applies to you/your child, Aaron will advise you on this when emailing.

### Staff

Unfortunately we have some sad news to share, Lauren Washington who works in the sun room will be leaving nursery at the end of next week. She has a long-term health condition and it is now unfortunately affecting her ability to work at nursery. Her key children will now be with Lauren Watson and Andrea.

Lauren Watson is a qualified primary school teacher who has been working part time in our star room recently whilst also helping in the sun room, but will now be joining nursery full time as of next week and you will have the opportunity to meet her at handover. Andrea is hoping to be able to come back into the preschool room to offer children some 1-1 time as well as helping to share Lauren's key children.

### Children moving rooms

For the children moving rooms after February half term we will write in their diaries who their new key person will be and you will have the opportunity to meet them at handover when they have integrated.

If your child is turning 2 in February or March, we will start to integrate them into the moon room after half term. We will do this on the same day of the week so the children get used to the routine of going over and staying there for the session. We are aiming for them to move up after Easter.

### New rucksacks for all rooms

We have purchased new rucksacks instead of book bags for the children at nursery. We will be sending a bag home per child ready to start using instead of book bags.

We would also appreciate it that when your child receives this bag that we only have these brought into nursery with spare clothes and diaries in; we are aiming to then be able to hang them on the child's pegs and we will name them on the front of the bags ready for them to start using.

The children in the sun room who will be leaving to go to school in September will keep their book bags. You can keep the old book bags if you would like, but if you want to return them we will start to use these for the nursery library books.

If a bag gets lost at home we will need to charge for replacing these as they cost £10.00 each to purchase.

### Theme bases for the next fortnight

Star room 1 are focusing on building relationships this fortnight, there will be lots of activities with their key worker which will involve singing and stories together. We will also be looking at our family photos on our family tree display.

Star room 2 is doing the story 'Guess How Much I Love You', they will also be doing activities within their key groups and talking about families and people who they love.

Moon room's theme will be focusing on shopping for the next two weeks. They will have a shop in their homecorner and will be doing activities related to food, such as food tasting, smelling herbs and spices and exploring money.

They would also like to wish all the children who are moving from their room to the sun room good luck and they look forward to seeing them when they pop in to the sun room.

The Sun room's theme is babies and the human body. We would appreciate it if parents could please bring in a photo of your child as a baby; the children will be looking through these along with photos of their teachers when they were babies and trying to work out who is who from their photos! Also if any parents have any old bottles or spare baby bits that we could use in nursery for the children to play with that would be greatly appreciated. The children really enjoy roleplay and playing mums and dads, they will also have the opportunity to bathe baby dolls and learn how we care for babies.

### Coats in car safety

The cold winter weather is here, but when in a car seat, little ones should not be wearing thick coats, advice states.

The advice from [The Good Egg Car Safety Blog](#) reminds parents that thick coats should be taken off before strapping your baby or toddler into their car seat.

The reason it is so important to remove a child's thick coat when strapping them into the car is because the coat creates too big a gap between the safety harness and the child's body. In the instance of a collision, the harness isn't close enough to the child to properly restrain them.

This website

(<https://www.besafe.com/en/travel-safely-during-winter/>) shows photo examples of how tight the harness is when wearing a coat, then the gap created when it is removed, then how tight the harness should actually be.

How to keep your child warm while travelling in the car:

**Babies:** Dress your baby in several thin layers for a car journey and Good Egg Car Safety advises using a cosy toes or alternatively a thin blanket that is folded over and tuck it around your baby over their harness once they are already properly strapped into their car seat.

**Children:** Hats and gloves can remain but again, remove your child's thick coat and replace with a blanket that is tucked in over the harness once they are strapped in correctly, and do ensure the blanket is tucked under their armpits. The fact that children can remove the blankets themselves if they get too warm can also help avoid overheating when travelling in the car.

Advice from:

<https://www.bounty.com/family/news/dont-strap-babies-into-car-seats-with-thick-coats>.

Please find below some helpful flyers with advice from the Community Dental Services in Oxfordshire, with tips and advice about oral health risks associated with prolonged use of bottles, as well as what to do in case of a dental emergency. They have also shared a website with healthy lunchbox ideas.

**In the case of a dental emergency...**

Community Dental Services

**What is a dental emergency?**  
*Knocked out tooth or dental trauma*  
*Obvious signs of infection*  
*Pain affecting sleeping, eating, working, school, driving etc.*

Call your dentist or any local dentist who provides NHS dentistry and ask for an emergency appointment - just like GPs they have some daily emergency appointments set aside - call early

**111**

Call 111 and describe your or your child's dental emergency - you will be triaged, and an appointment made if necessary

Good oral health routine at home should help avoid unnecessary trips to the dentist - visit our website and information leaflets to check you are doing all you can at home:  
[Information Leaflets](#)

(©)Community Dental Services CIC, 2022



Have you gone  
'Fizz Free' this  
February?

Reduce sensitivity

Lower the risk of  
Diabetes

Reduce the risk  
of tooth decay

Lower the risk of  
heart disease



### Healthy Lunchbox ideas

Veg Power and Simply Veg help to provide tasty, affordable, simple and healthier lunchboxes for children. Check out the website to find out more: [LOVE Your Lunchbox - Simply Veg.](#)

## ***Bottles, Open Top Cups And Teeth***



**Prolonged bottle feeding poses oral health risks for children, even if it seems harmless!**



- Comfort sucking from a bottle on sweetened drinks causes tooth decay in young children. Drinks flow very slowly through a teat, which means the sugary substance will be in contact with their teeth for longer.
- One of the biggest causes of tooth decay is giving a baby/child a bedtime bottle.
- Sugars that naturally occur in milk and juice pool around your child's teeth making them susceptible to decay.
- The development of your child's muscles, mouth, and palate are all affected by the way that babies suck on bottles.
- Long term baby bottle use can cause incorrect position and alignment of the teeth meaning orthodontic treatment may be needed.

**What can you do?**

- Never put anything other than water or milk in a bottle.
- Following milk from a bottle, offer a sip of water.
- If a child uses a bottle before bedtime, brush teeth afterwards.
- Introduce an open top or free flow cup from 6 months.
- It might be messy at first but be patient, your baby will gradually learn how to drink from an open cup.
- Offer sips of water with a meal.
- Discourage the use of bottle from 1 year.



The DOIDY Cup was scientifically designed with its unique slant to teach children drink from a rim and NOT a spout.

Find out more: 



SCAN ME