

## Banbury School Day Nursery Newsletter

15th July 2022



### DATES OF NURSERY CLOSURE IN 2022

We are closed:

29th August 2022 - Bank holiday

16th December 2022 - Last day of term before Christmas, we will close at 5.30pm

Nursery will re-open Tuesday 3rd January 2023

Thank you very much to all of the preschool parents who came to watch the children's leavers performance yesterday, the sun room staff are so proud of how well they all behaved and took part. We hope they like their presents from nursery and look forward to sharing their last few weeks with them at nursery before they leave to go to primary school.

**Please remember to include ice packs in your child's packed lunch, even if they don't have refrigerated items, as the current hot weather may affect your child's lunch by 12pm.**

As we approach the sun room children leaving for school, the time comes for our older children in our star and moon rooms to move up to their new rooms, this will begin **from the 22nd August**. If your child will be moving up to a new room, you should have received a note in their diary informing you who their new key worker will be from September. The children have already begun integrating on some of their sessions and will continue doing this over the summer to get them used to their new room and the staff that will now be looking after them.

### **Information for children moving rooms**

If your child is moving from the star room to the moon room, they will continue to be dropped off and picked up from the same main door where they were in the star room. However if your child is now moving to the sun room, they will use the gate on the side of their garden, this is just a short walk straight down the path from where they are usually dropped off. It follows the same routine as the star and moon room do, please ring the doorbell where a member of the sun room staff will come to collect your child/bring your child to you at the end of their session. **Please start using this door from the 22nd August.**

A polite reminder to please encourage your child to not bring toys from home into the nursery as we unfortunately cannot always guarantee their safe return and would encourage your child to either give it to you to take home or to put it in their book bag before they come in. We would appreciate it if only sleeping comforters were brought in (if applicable).

### **Moon room information**

The moon room daily routine from September is as follows:

Breakfast/free play is 8am-9am.

Then from 9am-12pm the children will be split into groups, where they will move around with their key worker and do an hour each in the sensory room, garden and craft room where they will also have their morning snack.

Then it is time for lunch, followed by a sleep - if they have one - if not they have time to free play.

Once all of the children are awake, they will go outside and have time in their garden, followed by an afternoon snack.

Then they will have physical time doing activities to help their physical development, finally followed by going to the star room at 5pm where they will have their final snack and wait to be picked up.

This routine will be amended depending on the weather over the winter.

If your child has a dummy kept at nursery please could a new one be brought in - this is both for current moon room children and also star room children moving up.

The staff in the moon room are Lorraine (room leader), Lizzy, Lily, Andrea H, Beth and Lauren P. They all take it in turns to do the door in the morning and bring children out when they get picked up so moon room parents should get to meet them all.

Lorraine and her team are looking forward to getting to know all of the new moon room children and want to say good luck to all the current moon room children moving to the sun room or onto other nurseries, they will miss you all.

### **Sun room information**

In the sun room from September there will be Leah (room leader), Sarah (senior assistant), Jodie, Lauren W and Chloe. Aaron will still be working in the nursery but will be taking a step back to complete a new, different role, however he will still be looking after the children when covering staff annual leave etc; and Leah is looking forward to joining the nursery and bringing her ideas into the preschool.

The sun room routine from September is as follows:

Breakfast/free play is 8-9am.

Then it is free play between 9-11:30am, allowing free flow/choice to play both inside and outside, with craft activities being offered throughout the morning.

11:30am-12pm is story time and going to the toilet, followed by lunch.

After lunch is free play again from 1pm-4pm; during this time the children will come inside in turns in their key groups for their afternoon snack, and complete an adult focus activity and letters and sounds.

4pm-5pm is table-top activities inside such as lego, puzzles, remote-control cars or marble run. Then at 5pm they have their final snack and home time.

In your child's packed lunch you will now need to pack cutlery if necessary - e.g. a spoon for yoghurt, fork for pasta etc - as the sun room does not keep cutlery in their room unlike the moon room.

This routine will be amended depending on the weather over the winter, however we try to allow opportunities for outdoor play as much as possible.

If your child is moving from the moon to the sun room and they still have a sleep after lunch they will still be able to have this, however if you would like to reduce or stop this please let one of the staff know.

The sun room staff are looking forward to getting to know all of the new children who are moving up from the moon room and want to say good luck to the current preschoolers that are leaving to go to

school in September - we wish them all the best of luck and will miss them lots.

As you may be aware, the weather is forecast to be extremely hot next week, especially on Monday and Tuesday. Please be assured that the children are being well looked after, their water bottles are always available to them but they are sat down at 30 minute intervals throughout the day to all have a drink together and ensure they are getting fluids down. They are kept inside during the hottest part of the day, with the blinds down and lights off to keep the rooms cool, as well as having fans on in all of the rooms. The NHS have shared advice for how to cope with the ongoing heatwave -

<https://www.nhs.uk/live-well/seasonal-health/heatwave-how-to-cope-in-hot-weather/>.

### **Packed lunches**

As you may remember the staff at nursery have previously completed Healthy Smiles training which focused on the importance of dental health and hygiene in children. This also included a key focus on what children eat, which involves their packed lunches at nursery. Please find below some ideas for healthy packed lunches which would be appropriate for nursery:

- <https://www.nhs.uk/healthier-families/recipes/healthier-lunch-boxes/>
- <https://realfood.tesco.com/curatedlist/lunchbox-ideas-for-kids.html>

We are also going to be persevering on not allowing sweet items to be consumed if put in their packed lunch at nursery, for example biscuits, pancakes, cake bars. We understand it can be hard to know

what to pack especially if your child is a fussy eater, but they can still have snacks, we just would like to encourage it to not be sweet or sugary. We also encourage you to not pack smoothies please as the children have their water bottles at the lunch tables with them as a drink.

If you would be interested in taking part in the Healthy Smiles training yourself, please see the information below:



**Start your Healthy Smiles Accreditation this September 2022!**

Community Dental Services

Ready to improve the oral health, general health and wellbeing of the children in your setting - EYFS, PVI nurseries, childminders - all welcome!

Taking part in the Healthy Smiles Accreditation means you will:

- ☑ Increase dentist attendance
- ☑ Educate children, staff and families on the importance of oral health
- ☑ Ensure children are having healthy, tooth friendly foods and drinks
- ☑ Encourage tooth friendly celebrations
- ☑ Ensure hand hygiene is performed by staff and children ...and much more!

Staff will attend a 1.5 hour virtual training session with an oral health improvement practitioner. The training is fun, interactive, and can be scheduled at a time and day that suits you! You will then be required to provide evidence towards 6-7 Healthy Smiles standards. Once we have moderated all evidence, you will be Healthy Smiles accredited for two years. CDS will support you every step of the way!

*\*\*\*If you are located in parts of OX3, OX4 or OX16 you may also qualify for FREE supervised toothbrushing resources for 1 year.\*\*\**

Find out more about the accreditation here:      Register your interest here:



*"Healthy Smiles can only be positive, it is a win win situation for both the child and the setting."*

*"We have become knowledgeable and feel more confident teaching our children about teeth and giving advise to parents".*

While on the subject of training, if any parents would be interested in taking part in zoom training, Aspire Early Years are offering parent workshops covering the following topics:

- Understanding your Baby's Development (0-2yrs)
- Supporting your Child's Behaviour (2-6yrs)
- Understanding your 2 Year Old's Development

If you would like more information about any of the courses or would like to book a place, please follow this link: <https://www.aspireearlyyears.com/parents>.

We know that keeping your child safe and out of risk of harm is both yours and the staff at nursery's biggest priority; the NSPCC have shared the 'Talk Pants' guide for parents, opening discussions and allowing children to develop understanding that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried. The links where this advice can be found are below:

- <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>
- <https://www.nspcc.org.uk/globalassets/documents/advice-and-info/pants/pants-2018/pants-parents-guide-online.pdf>.

If you ever have any questions, concerns or would like advice from nursery, please don't hesitate to speak to one of our designated safeguarding leads: Andrea Brooker, Lorraine Padbury or Aaron Brooker.