

Banbury School Day Nursery Newsletter

14th January 2022



NEW DATES OF NURSERY CLOSURE IN 2022

We are closed:

15th April 2022 - Good Friday

18th April 2022 - Easter Monday

2nd May 2022 - Bank holiday

2nd June 2022 - Queen's Jubilee Bank Holiday

3rd June 2022 - Queen's Jubilee Bank Holiday

29th August 2022 - Bank holiday

16th December 2022 - Last day of term before Christmas, we will close at 5.30pm

Nursery will re-open Tuesday 3rd January 2023

We would like to welcome you all back to nursery after the Christmas and New Year break, all the staff are so proud of how well the children have settled back into the nursery routine after their time off.

Important information for our parents of our preschool children going to school

- **Primary school applications close on 15th January.** If you have not submitted your choice(s) by this date then you run the risk of not getting your first choice.
- If you claim Government funding/childcare vouchers, this will end **on Friday 19th August**, if your child will still be attending nursery after this date then you will be charged normal fees for their sessions.

General information and notices for all parents

Parents evening/meeting -

In previous newsletters, there has been mention of nursery wanting to hold our parents evening in January; this is now changing to February with a hope that the Covid infections rates are easing by this point.

We will still be doing this with each room being held on a different night and on an appointment system with your child's key worker in order to stagger the times for parents/carer(s) to come into the nursery.

We will also offer a tour around the nursery to show the new changes and improvements we have made during the pandemic/time parents have not been allowed into the nursery.

A new consent form will be sent home soon in the children's diaries to check and confirm that parents/carers still give permission for photos to be taken of your child(ren) for their profiles.

Our theme at the moment in nursery is 'All About Me', by the end of the month every room will be sending home an All About Me sheet that we politely ask if you could fill in about what your child(ren) likes to do at home which we will then add into their scrapbook at nursery.

Coronavirus information

The cases in our district in Cherwell are very high at the moment so a polite reminder to please not send your child to nursery if they are showing one or more coronavirus (COVID-19) symptoms (<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>) or they have had a positive test result.

As of January 2022, individuals testing positive on a lateral flow test should self-isolate immediately and do not have to take a confirmatory PCR test.

As of the 13th January 2022 and new changes announced, the self-isolation period for people who test positive for Covid-19 is being cut to 5 full days; from Monday (17th January), individuals will be able to leave isolation after getting a negative lateral flow test on days 5 and 6.

If you have any questions, concerns or believe your child may be positive, please contact Andrea as soon as possible.

Dental and oral health

The staff at nursery have all recently taken part in training to continue their professional development and learn more about the importance of children's oral health and how to promote better dental health both at nursery and to support parents to incorporate it at home.

One measure we will be introducing at nursery is carrying out a dental health audit on the children's packed lunches. This is where we will look at what is packed in the children's lunchboxes to see if it meets healthy eating suggestions/requirements as set out and recommended by local dental services and the county council.

We understand it can be difficult to keep variety in your child's lunch, especially if your child is a fussy eater, but we are following guidance from local dental services with recommendations on what is best for children's dental health and hygiene.

Please see below for some advice/suggestions on what you could be including in your child's packed lunch:

What should go into a packed lunch for 1-4 year olds?

1 or 2 portions of STARCHY FOOD

For example -

White or wholegrain bread or rolls, bagel, tortilla or wrap, pitta bread or chapati

Cooked potato, yam, pasta, noodles, rice, couscous, polenta or other grains

Fruit bun, malt loaf or raisin bread

1 portion of PROTEIN FOOD

Meat, fish, eggs, beans, lentils or other alternatives

For example -

Chicken, turkey, beef, lamb, pork, sardine, tuna or salmon

Egg

Houmous or other pulses and beans

Dahl or other lentil dishes

Tahini or other seed spreads

Tofu

At least 1 portion of VEGETABLES

For example -

Cucumber, carrots, tomatoes, celery, red or green peppers, sweetcorn, mixed salad, green beans, sugar snap peas, peas

At least 1 portion of FRUIT

For example -

Apple, pear, banana, clementine, strawberries, grapes (MUST BE CUT LENGTHWAYS), kiwi, melon, pineapple, mango, dried fruit such as raisins, apricots, figs or dates

At least 1 portion of MILK OR DAIRY FOODS, or alternatives

For example -

Plain yoghurt, plain fromage frais, cheese, rice pudding, semolina pudding, custard

We must remind you we are a **nut free setting** due to having children with allergies so please do not send any nuts or nut-containing products in your child's packed lunch.

Also unfortunately if you pack chocolate/chocolate bars, sweets or cake in your child's lunchbox we will not be able to let them have it whilst at nursery. Children are provided with their water bottles at the lunch table so please don't worry about providing another drink.

The above information and more packed lunch ideas can be found here:

https://communitydentalservices.co.uk/wp-content/uploads/2019/07/Packed_lunches_Dec17.pdf

Going to the dentist

Can we remind you of the importance of your child attending a dentist, it is recommended that a child starts visiting the dentist after their first teeth appear and at the latest, before their first birthday. More information can be found here:

<https://dentalcheckbyone.co.uk/>.

If your child is not currently registered at a dental surgery, this link may be able to help you:



<https://www.oxfordhealth.nhs.uk/dental-services-oxfordshire/our-service/finding-an-nhs-dentist/>.

Here are some videos to watch with your children based on visiting the dentist as well as how to care for your children's teeth:

<https://www.bspd.co.uk/kidsvids>.

Please see below, we have included a toothbrushing chart that we would like to encourage you to do with your child(ren) at home over the next month and then bring this back into nursery where we can reward the children with stickers and/or a certificate. If you need any support with getting your child to brush their teeth or any advice please speak to a member of staff at nursery who will be happy to help you.

I BRUSHED MY TEETH

	MORNING 	NIGHT 
MONDAY	<input type="checkbox"/>	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/>	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/>	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/>	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/>	<input type="checkbox"/>
SATURDAY	<input type="checkbox"/>	<input type="checkbox"/>
SUNDAY	<input type="checkbox"/>	<input type="checkbox"/>

50 Things to do in Oxfordshire app

A reminder about the '50 Things to do in Oxfordshire before you're five' app, which can be downloaded on the App Store/Google Play Store, and has lots of fun activities that you can do both at home and out and about with your child(ren). Find out more information by scanning this code, which will take you to the official website where you can find links to download the app:



SEN consultation

Have your say on proposals for children with special educational needs and disabilities in Oxfordshire

You are being invited to contribute to two consultations on plans to develop a more inclusive approach to supporting children and young people with special educational needs and disabilities (SEND) in Oxfordshire.

Two interlinked consultations will run together between Monday 10 January and Thursday 10 March 2022.

The council and its partners are seeking views on a draft Local Area SEND Strategy to develop high-quality services across education, health, and social care to support children and young people and their families.

Oxfordshire County Council's proposals for system reform for SEND include making more high-quality SEND education available closer to home, reducing reliance on out-of-county provision, and improving educational outcomes for children through closer partnerships between the council and schools.

The council would like to hear your views. There is one feedback survey in which you can respond to one or both consultations. You can find this survey and the key documents at: letstalk.oxfordshire.gov.uk/SEND-2022.

The council and its partners are seeking views on:

- Improving outcomes for children with SEND.
- Developing a 'continuum' (a broad range) of provision to meet the requirements of children and young people with SEND.

- Ensuring good physical and mental health and wellbeing.
- Improving post-16 education, learning, employment and training to prepare young people for adulthood.
- Supporting an education system where parents and carers have confidence that their children's needs will be understood and met in their local school.
- Offering a range of specialist learning provisions for some young people who have a high level of need.
- Making every effort to use effectively and efficiently all the resources available to young people.

Have your say by:

- Visiting letstalk.oxfordshire.gov.uk/SEND-2022
- Attending an online roadshow. There will be five events between 31 January and 16 February. At these, senior leaders will explain the proposals and answer any questions that you may have. Visit letstalk.oxfordshire.gov.uk/SEND-2022 for dates and times, and to book your place.

More information on the provision and SEN support that is offered in Oxfordshire/by Oxfordshire County Council can be found here:

<https://www.oxfordshire.gov.uk/residents/children-education-and-families/education-and-learning/special-educational-needs-and-disability-local-offer>.